News Release

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Non-Profit Organization KaBOOM! Names Indianapolis “Playful City USA” Community
213 Communities Recognized for Fighting Play Deficit by Implementing Pro-Play Policies

WASHINGTON, D.C. – Today’s children spend less time playing outside than any previous generation, but 213 cities and towns, including Indianapolis, earned recognition from national non-profit KaBOOM! as 2012 Playful City USA communities for their efforts to increase play opportunities for children.

According to the American Academy of Pediatrics, play is critical to healthy brain development. It allows children to use their creativity while simultaneously developing imagination, dexterity and physical, cognitive and emotional strength. Yet today’s children spend less time playing outside than any previous generation in part because only 1-in-5 live within walking distance of a park or playground. The resulting play deficit is having profound consequences for kids physically, socially and academically.

Presented by The Humana Foundation, Playful City USA is a national program advocating for local policies that increase play opportunities for children and is a key platform in combating the play deficit.

KaBOOM!, the national non-profit organization dedicated to saving play, created Playful City USA in 2007 to help local governments address the play deficit. It is through mayors, city council members, parks and recreation departments, school districts and community leaders that the program succeeds in benefitting children.

“Indy Parks’ play spaces, green spaces and high-quality programs play an important role in shaping our community. Staff and volunteers throughout the Indy Parks system are committed to creating healthy, safe places for Indy’s youngest citizens to develop lifelong healthy habits, and we are pleased to once again earn the distinction of being named a ‘Playful City,’” Director of Indy Parks John Williams said.

Hailing from 41 states, the 213 Playful City USA honorees range in size from six-time honorees such as Orlando and Phoenix to first-time recipient Independence, Ore. (population: 9,607). These Playful City USA communities are making a commitment to play and physical activity by developing unique local action plans to increase the quantity and quality of play in their community.

“Some of the most innovative concepts and cost-effective programs are being developed in Playful City USA communities,” says Darell Hammond, Founder and CEO of KaBOOM! and author of The New York Times Best Seller
Cities like Indianapolis are key allies in the fight to combat the play deficit and serve as outstanding role models for government and community leaders across the country.

In the sixth year of the annual program, 19 Playful City USA communities received recognition for the sixth consecutive year, while 24 earned honors for the fifth time, 27 for the fourth time, 29 for the third time, 45 for the second time and 69 for the first time.

For the fifth consecutive year, Florida paced the nation with 29 Playful City USA communities. California earned second-place with 24 communities, while Texas finished third with 14 Playful City USA communities.

Each of the 2012 Playful City USA communities demonstrated creative commitments to addressing the play deficit. Playful City USA celebrates and highlights these unique initiatives developed by communities across the country. A primary goal of Playful City USA is to encourage cities and towns to share ideas, concepts and programs in an effort to increase play opportunities for children.

KaBOOM! also selected Indianapolis for its outstanding dedication to play. Indianapolis is a neighborhood-driven city in which parks and playspaces play a key role in sustaining, developing and revitalizing its neighborhoods. In 2012, the city will work with schools to promote recess policies that provide all children access to play at school.

The 213 Playful City USA communities are now eligible for $15,000, $20,000 and $30,000 grants via Let’s Play, a community partnership led by Dr Pepper Snapple Group, to get kids and families active nationwide. Grant recipients will be announced on June 4, 2012.

For more information on the KaBOOM! Playful City USA program, including Let’s Play grants and applications for 2013, visit www.playfulcityusa.org.

About KaBOOM!
KaBOOM! is the national non-profit dedicated to saving play. Children today spend less time playing outdoors than any previous generation, a fact that is having disastrous consequences on their health, achievement levels, and overall well-being. To fight this play deficit, social entrepreneur Darell Hammond founded non-profit KaBOOM! in 1996 in Washington, D.C. with a vision of creating a great place to play within walking distance of every child in America. Since then, KaBOOM! has mapped over 89,000 places to play, built more than 2,000 playgrounds, and successfully advocated for play policies in hundreds of cities across the country. KaBOOM! also provides communities with online tools to self-organize and take action to support play on both a local and national level. Hammond chronicles the founding of the organization and the importance of the cause of play in his The New York Times Best Seller KaBOOM!: How One Man Built a Movement to Save Play. The book details how businesses and communities can work together to save play for children across the country. All author proceeds support KaBOOM!. Headquartered in Washington, D.C., KaBOOM! also has offices in Chicago and San Mateo, Calif. For more information, visit www.kaboom.org.

About The Humana Foundation
The Humana Foundation was established in 1981 as the philanthropic arm of Humana Inc., one of the nation’s leading health care companies. Located in Louisville, Ky., the site of Humana’s corporate headquarters, the Foundation’s mission is to support charitable activities that promote healthy lives and healthy communities. The Foundation’s key priorities for funding are childhood health and education, health literacy, and intergenerational health. For more information, visit www.humanafoundation.org.

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